# Therapiebedarf 24.

# Hand und Fingertrainer WEB Bedienungsanleitung



# Here's what people are saying about POWER•WEB° and POWER•WEB° Ir!

"The greatest advance in rehabilitation and training of the hands, fingers and wrists that I have ever seen."

Dr. Jack Usdin Orthopedic Surgeon

"...the only effective tool in our clinic for finger extension and thumb opposition exercises. Our patients love using the POWER•WEB<sup>5</sup>!"

Jupiter Hand Clinic Jupiter, Florida

"The number of exercises which can be performed using the POWER•WEB<sup>®</sup> is only limited to one's imagination."

Tampa Hand Rehabilitation Center Tampa, Florida

"The POWER•WEB" is excellent — a true wonder."

Golf World Magazine

"I've got all six and wouldn't give them to anyone!"

Mike Morris

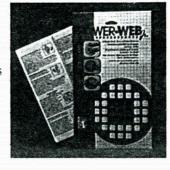
Lineman, Minnesota Vikings

Used by an increasing number of pro-team athletic trainers — "We use the POWER•WEB in our therapy programs."

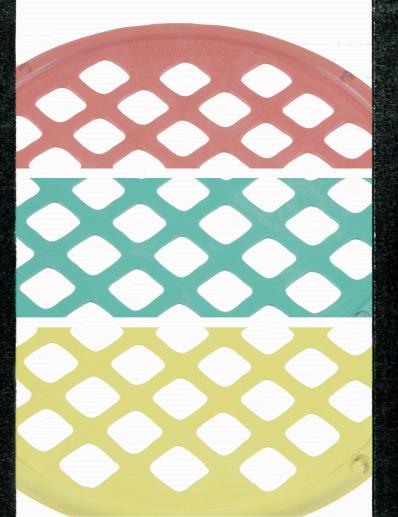
Jim Whitsell Head Athletic Trainer Scattle Scahawks

... and the American Fitness Association says...
"...outstanding strength and safety...excellent
for building upper body strength...increases
strength in arthritis...decreases pain in carpal
tunnel syndrome..."

Each POWER • WEB\* and POWER • WEB\* Jr. package includes a user's manual containing 39 fully illustrated exercises for the fingers, thumb, wrist, forearm and ankle.



POWER • WEB\* Jr. is now available in an eye-catching full color package suitable for retailing.



# Original POWER•WEB° And POWER•WEB° Jr.

Ultimate Hand, Wrist and Forearm Exercisers



## For The Athletic Trainer And Sports Enthusiast

The hands and wrists are two of the most frequently injured parts of the body. Many trainers are incorporating POWER•WEB\* or POWER•WEB\* Jr. into their strengthening programs or as a pre-game warm up. There's nothing else like POWER•WEB\* and POWER•WEB\* Jr. for developing strength, dexterity and range of motion.

#### For The Therapist

You won't find hand strengthening devices as versatile and easy to use as POWER•WEB\* and POWER•WEB\* Jr. These effective exercisers can be utilized for hard-to-imitate joint actions such as forearm pronation and supination, finger extension, thumb opposition, and more. Exercises can be adapted and developed to meet your patient's special needs. POWER•WEB\* and POWER•WEB\* Jr. — a new direction in hand therapy!

### Original

#### POWER•WEB Hand Exerciser

POWER•WEB\* is 14" in diameter and weighs sixteen ounces. Its unique patented design allows a variety of exercises to be performed comfortably and effectively. Constructed of high quality rubber with special agents added for durability and strength, the POWER•WEB\* will last for years (with proper use and care).



POWER • WEB\* Hand Exerciser is available in six resistance levels:

Ultra Light (Beige) — Least resistance Light (Yellow) — Slight resistance Medium (Red) — Moderate resistance Heavy (Green) — Significant resistance Super Heavy (Blue) —Super resistance Ultra Heavy (Black) — Ultimate resistance



## Key Benefits Of POWER•WEB\* And POWER•WEB\* Jr. Hand Exercisers

- Allows duplication of virtually all joint actions including flexion, extension, opposition, abduction, adduction, pronation, and supination
- Resistance of each web can be modified to meet specific needs by adjusting hand position and/or depth of finger insertion
- Both hands can be exercised at once, or a single finger isolated and exercised
- ◆ Accommodates all hand sizes and strength levels
- ◆ Exercise coupled with proper resistance allows for full range of motion
- Color-coded resistance levels for variability
- ♦ One exerciser does the work of many
- ♦ Easy and fun to use
- ◆ Illustrated manual included
- ♦ Carrying case available
- ♦ 30-day guarantee



#### POWER•WEB\* Jr. Hand Exerciser

POWER • WEB\* Jr. is 7" in diameter and weighs eight ounces. Just half the size of the original POWER • WEB, it has all the same features as the larger product and delivers many of the same benefits when used in a hand

rehabilitation exercise program.



resistance levels:
Light (Yellow)—Slight resistance
Medium (Red)—Moderate resistance
Heavy (Green)—Significant resistance

